



U R TECHNOLOGY

Protect Yourself Agilest COVID

- 1) Only vaccinated Person Enter at work premises.
- 2) Every One Wear a properly fitted mask when physical distancing is not possible and in poorly ventilated settings who is working onsite.
- 3) All Person Clean your hands before you put your mask on, before and after you take it off, and after you touch it at any time
- 4) Keep physical distance of at least 1 meter from others, even if they don't appear to be sick. Avoid crowds and close contact.
- 5) When you take off your mask, store it in a clean plastic bag, and every day either wash it if it's a fabric mask or dispose of it in a trash bin if it's a medical mask
- 6) Clean your hands frequently with alcohol-based hand rub or soap and water.
- 7) Clean and disinfect surfaces frequently, especially those which are regularly touched, such as door handles, faucets and phone screens.
- 8) Cover your mouth and nose with a bent elbow or tissue when you cough or sneeze. Dispose of used tissues immediately and clean hands regularly.
- 9) Meet people outside. Outdoor gatherings are safer than indoor ones, particularly if indoor spaces are small and without outdoor air coming in.
- 10) If you develop symptoms or test positive for COVID-19, self-isolate until you recover.



Company Proprietor

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